



Rules Open Swim Harmonie Mutuelle Paris 2025

Art. 1. **EVENT ORGANISATION.** The Open Swim Stars Harmonie Mutuelle Paris 2025 is organised by Paris Swim Association and SSO Active on Saturday 5th and Sunday 6th of July for its 11th edition of the Open Swim Harmonie Mutuelle « Paris ». It will take place at the “Bassin de La Villette” (Paris 19th) the “Canal de L’Ourcq” (Paris and Seine-Saint-Denis) and the Seine River in Paris.

Art. 2. **RACES NUMBER.** There will be 8 races: 500M, 1 K, 2 K, 2 K with fins, 5 K, 5 K with fins, one Combined with cumulative time of the 5 K and 2 K fixing the final results, and 4X500M Relay.

Art. 3. **FEES.** Entry fees are as follow:

RACES	Fees from	Fees from
	27/01 to 25/02/24	25/02 to 14/06/24
500M	15 €	18 €
1 K	26 €	28 €
2 K AND 2 K FINIS	32 €	35 €
5 K AND 5K FINIS	40 €	45 €
COMBINED (5K + 2K)	64 €	70 €
TEAM (4 X 500 M)	70 €	70 €

On each fee, 1 euro will be donated by SSO Active to the select association which aims to take good care of our health and our planet by saving water.

Entry fees do not include handling fees nor possible online bank transfer costs. Entries are made via our website www.openswimstars.com and are dealt with by Njuko.com.

Each registration includes: Participation at the event, 1 silicone cap, refreshments on arrival and the “finisher” medal..

A Personal accident insurance policy is offered to swimmers at the time of the registration for a flat fee of 3 euros included VAT (cf. art 4).

The registration fee doesn't include any costs related to the online banking transaction. Registrations are made via Internet on www.openswimstars.com and are managed by Njuko.com.

Each registration must be complete with the following in order to be considered:

- Completed official entry form
- Medical certificate attesting the ability to swim competitively dating from less than a year to the race's date, or proof of Licensing
- Entry fees paid,
- Acceptance of the rules.

If no proof of licensing, medical certificate at the latest on race day or if the documents do not comply with the rules, the event swimcap will not be given and no refund will be made.

Art. 4. **INSURANCES.** The organizer is covered by a civil liability insurance.

It is expressly reminded that each competitor participates in the events under his own responsibility. For swimmers who are members of the French Swimming (FFN), Triathlon (FFTRI), Lifesaving (FFSS), Handisport swimming (FFH), Underwater Studies and Sports (FFESSM) Federations, and foreign ITU and World Aquatics (WA) Federations, it is their responsibility to ensure that they are covered by their federal license for the consequences of any accident that may occur.

The swimmers, whether licensed or not, have the possibility of subscribing to the individual accident insurance proposed at the time of the registration, or an insurance of their choice, without this last one being obligatory. If the swimmer chooses this insurance, he/she will be put in contact with Assur Connect who will proceed to the subscription of an insurance according to his/her choice. The insurance and assistance guarantees are granted for the event in which the swimmer participates, and this for the duration of the event scheduled on Saturday 5 and Sunday 6 July 2025.

Art. 5. NUMBER OF PARTICIPANTS. A total of **1,500 places** will be available for all the events over the 2 days, 600 on Saturday and 900 on Sunday. 500 places are reserved for the 5k and 5 k fins events, 100 places for the team event and 500 meters on 5/07/25. 900 places in total for the 2k with fins 1k and 2k events on 6/07/25. The 50 places reserved for the Combined event are taken into account in the number of possible places for the 2 and 5 km events. In order to ensure the smooth running of the event, registrations will be closed no later than 23:59 pm. on July 4th, 2025, or when the maximum number of participants is reached.

Art. 6. CONDITIONS of PARTICIPATION.

The 500 meters are open to non-licensed swimmers and licensed holders from the French Swimming Federation (FFN), Triathlon (FFTRI), Lifesaving (FFSS), Swimming Handisport (FFH), Studies and Sports Sub-Seafarers (FFESSM), and swimmers and triathletes of foreign Federations WA and ITU, born in 2017 or before (over 8 years old on the day of the event).

The 1K and Relay are open to non-licensed swimmers and licensed holders from the French Swimming Federation (FFN), Triathlon (FFTRI), Lifesaving (FFSS), Swimming Handisport (FFH), Studies and Sports Sub-Seafarers (FFESSM), and swimmers and triathletes of foreign Federations FINA and ITU, born in 2015 or before (over 10 years old on the day of the event).

The 2K race is open to non-licensed swimmers and license holders from the FFN, FFTRI, FFSS, FFH Swimming and FFESSM, FINA and ITU, born in 2013 or before (over 12 years old on the day of the event).

The 2K fins race is open to non-licensed swimmers and licensed holders from FFN, FFTRI, FFSS, FFH Swimming and FFESSM, born in 2013 or before (over 12 years of age on the day of the event).

The 5K race is open to non-licensed and licensed holders from the FFTRI, FFSS, FFH Swimming, FFESSM and ITU, born in 2007 or before (over 18 years old on the day of the event). Swimmers aged 14 and under 18 can register ONLY if they are FFN or WA licensed holders (born 2011 and before).

The combined race (5K + 2K) is open to non-licensed swimmers and license holders FFN, FFTRI, FFSS, FFH Swimming, FINA and ITU, born in 2011 or before (over 14 years of age on the date of the event). Swimmers aged 14 and under 18 can register ONLY if they are FFN licensed holders.

Non-licensed swimmers at previously named federations must provide **a medical certificate, or a copy thereof, of no contraindication to the practice of competitive swimming less than 1 year old at the date of the event.**

Art. 7. DATES AND SCHEDULES. The 5K, 500 meters and Relay races will be held on Saturday, July 5th. The 5K take place from the Basin de Pantin (Place de la Pointe 93100 Pantin), at the "Magasins Généraux" building. The relay and 500M start will be given from 6 pm, Promenade Eric Tabarly Paris 19th on the upper part of the basin (near at the Base Nautique de la Ville de Paris).

The schedules of the races are likely to be modified according to the slots allocated by the Canaux de Paris and the Prefecture of Paris. They will be confirmed to participants no later than 15 days before the event.

The 1K, Team, 2K and 2K fins will take place on Sunday 6th July from 8 am, Quai des Celestins Paris 4th on the upper part of the Seine River (in Bras Marie near at the Base Nautique de la Ville de Paris).

- The 5K and 5K fins races meeting point will be at Pantin on Saturday 5th June from 5 pm.

- The Relay and 500M will place on Saturday 5th June from 5 pm at la Villette
- The 2K fins will take place on Sunday 6th June from 7:00 am at Bras Marie.
- The 1K and Team race meeting point event will be on Sunday 6th June from 8:00 am.
- The 2K race meeting point will be on Sunday 16th June from 8.45 am.

Art. 8. **TIME LIMITS.** The times given to the swimmers to complete the events are:

- **5K:** maximum imposed time of **2h15**,
- **2K:** maximum imposed time of **1:00**,
- **2K fins:** maximum imposed time of **45 minutes**,
- **1K:** maximum imposed time of **40 minutes**.
- **500 M and Relay:** maximum imposed time of **1 hour**.

Art. 9. **SPORTING RULES.** The events will be under the responsibility of a referee judge assisted by officials of the Swimming French Federation for the regularity of the tests. Rescuers on the water and the docks, assisted by kayaks and stand-up paddles, will be available all along the race course to ensure the safety of swimmers.

Art. 10. **SAFETY.** Medical and emergency assistance will be provided during the duration of the tests. The emergency medical services, the lifeguards and the referee of the event will be entitled to disqualify any competitor appearing unfit to participate at the time of the start or to continue his race.

Art. 11. **RANKINGS.** Several rankings will be made for the 5K, 5K fins, 2K, 1K, 500M, 2K fins and the Combined race:

- Absolute rankings (known as "scratch") for men and women, in the 7 solo events offered, regardless of the outfit used (swimsuit or wetsuit) or the fins used (monofins or fins),
- M and W rankings for the 1K, 2K and 5K according to the age categories from 30 years per 10 years group, whatever the outfit used (swimsuits or wetsuits).
 - Youth M and W rankings (under 18) for 1K, 2K, 5K and Combined, whatever the outfit used (swimsuits or wetsuits).
- Absolute ranking for 500M and 4 X 500M Team whatever of composition and the outfit used (swimsuits or wetsuits).

There will be no age rankings for Combined and 2K and 5 K fins events and 500 meters (W and M podium).

The swimmers M and W entered in the Combined race, will not be able to claim the podium scratch of the 5K and the 2K, even if they are ranked first. However, they will be eligible for age rankings if they are 30 years old or older.

All competitors who have completed their event will receive a Finisher medal. The awards ceremonies will take place as soon as the rankings are known. Only competitors present at the awards ceremony will be eligible for prizes and rewards.

Art. 12. **TIMING.** Electronic timing will be ensured and participants must wear a timing chip attached to the wrist with the event swim cap. The timing chip is intended for timing and safety.

Art. 13. **SCHEDULE OF EVENT SWIM CAPS COLLECTION.** The collection of the event swim caps will take place from Saturday, June 5th from (16:00 am on Saturday and 07:00 am on Sunday) at the Swim Village in the "Bassin de la Villette" on Saturday and "Bras Marie" on Sunday. The collection of the race swim caps must be made, subject to being unable to swim, at the latest:

- 30 minutes before the event for the 5K the Combined, 500 meters and relay on Saturday 5th July,
- 30 minutes before the event for the Sunday 6th July,

The collection of the race swim caps can only be done on presentation of a piece of identity and the potential missing documents to the file (proof of license, medical certificate). No race swim cap will be sent by post.

Art. 14. **RULES OF THE EVENT SWIM CAP.** The race swim cap is individual, nominative and non-transferable (no reallocation). He is not re-assignable from one race to another. Swimmers registered on the Combined will keep the same number for 2 days.

Art. 15. **MANDATORY EVENT SWIM CAP.** The race swim cap awarded to participants must be worn for the duration of the event for identification and security purposes. Only numbered swim caps awarded by the organizer are allowed. In cases where a competitor crosses the finish line without a race swim cap (unless he was lost during the race, at the discretion of the referee) or timing chip, he will be disqualified.

Art. 16. **SWIMSUITS AND WETSUITS REQUIREMENTS.** Only swimsuits and wetsuits, FINA certified, triathlon wetsuits or shorties are allowed. Neoprene wetsuits used by swimmers must be a maximum thickness of 5 mm, in one piece, except for the 2K and 5 k fins where two-piece wetsuits are allowed. Diving suits are not allowed.

Art. 17. **EXCLUSION AND REQUIREMENTS.** Artificial aids, pads, gloves, slippers, tuba, fins, and buoyancy aids as buoys or other floating objects are prohibited for all swimming open water events (**exception of safety swimming buoys**). For the 2 km fins race, swimmers can compete with the following equipment: masks, glasses, snorkels, slippers, whose characteristics are free, the only obligation being the use of fins: fins or mono fins. Any physical or material help to the competitor, from the start of the race until the finishing line is prohibited and subject to disqualification. For safety purposes, it is allowed to temporarily hang on a fixed point or safety boat.

Art. 18. **RACE COURSE.** The participants must follow the marked race course. Start buoys, turns and the finishing line arch mark the course. Danger zones (fixed boats, bridge piers) will be marked and protected by specific buoys and kayaks or stand-up paddles if necessary. Any swimmer who does not respect the safety instructions may be excluded from the race and out of the water.

Art. 19. **NUMBERING OF SWIMMERS.** The marking of the competitor's number on both hands and / or shoulders is mandatory. Each swimmer will be assigned a unique number for the duration of the event.

Art. 20. **WATER TEMPERATURE AND WETSUIT.** In the event that the water temperature is below 18°C on the day of the test, it is recommended to wear a neoprene suit. It will be mandatory if the water temperature is below 16°C.

Art 21. **CONDITION OF ENTRY FOR SWIMMERS UNDER 18.** For any application for registration of a minor swimmer the necessary conditions are:

- The legal representative must complete the registration form,
- The legal representative must make acceptance of this regulation,
- The legal representative must validate parental consent online.

Art. 22. **CANCELLATION FOR REASONS BEYOND THE ORGANIZER'S WILL.** In case of force majeure, natural disaster, flood, water quality not in conformity with the European standards for bathing water, reason independent of the will of the organization or any other circumstances endangering the safety of the competitors, **the organizer reserves the right to cancel the event without the competitors being able to claim any refund or compensation of any kind whatsoever.**

Art. 23. **CANCELLATION OF PARTICIPATION OF A COMPETITOR.** The organizer will not take into account any cancellation, for any reason whatsoever.

Art. 24 - **RESPECT FOR THE ENVIRONMENT.** The Open Swim Stars is an eco-friendly event. In order to respect the environment, it is strictly forbidden to abandon waste (paper, plastic packaging, ...) in the water, on the banks of the Canal de l'Ourcq and Seine River, and within the swimming villages. Bins will be available on the swimmer's village, at the start of the 5 km and others races. The participants must imperatively use them.

Art. 25 - **ACCESS TO THE SITE AND SECURITY.** The introduction on the site of the event of any object likely to be dangerous or illegal, including drugs, firearms, blunt objects and explosive materials is strictly prohibited. To access the Village and participate in the event, the participant expressly acknowledges and agrees that the organizer can call on security personnel, who will be able to control both people and their belongings. Anyone wishing to access the Village agrees to submit to this check. In case of refusal, the person will not be allowed to access the site. The Organizer as well as the security personnel is authorized to refuse the access to the participants whose behaviour is likely to disturb the good course

of the event, in particular, and without the following being restrictive: introduction of any object which could potentially hinder in any way the running of the races, or the safety of other participants, but also the introduction of any distinctive sign promoting, in any form whatsoever, an opinion [political, philosophical or religious] likely to undermine the image of the event.

Art. 26. USE OF PERSONAL DATA. In general, personal data provided by the participants are intended for volunteers and authorized staff of Paris Swim and SSO Active, the company responsible for the processing of these data. The data is used to manage the communication, the marketing management and the relationship with the participants. In application of the french law of 6 January 1978 relating to data, files and freedoms, amended in 2004, each participant has the rights of questioning, access, rectification and opposition for legitimate reasons to the all relevant data and a right of opposition to the commercial prospection of SSO Active and / or its trading partners. Each participant also has the right to formulate specific or general guidelines for the storage, deletion and communication of their post-mortem data. The participant can exercise all these rights by email to the address: contact@parisswim.com or postal mail accompanied by a copy of a signed identity document, addressed to: PARIS SWIM 3 avenue Paul Doumer 75016 PARIS. Applications will be taken into account within a maximum of 48 hours working days, except for requests sent by post, which require a minimum period of 8 days.

Art. 27. FREE RIGHT TO IMAGE. The participants gives the race organisation the right to use pictures and film material taken during the race to be used free of rights in marketing, press material, internet, television and films etc...

All images and rights from the event are reserved in accordance with to the law "Informatique et Libertés" of January 6, 1978.

Art. 28. THEFTS AND LOSS OF OBJECTS. The organization is not responsible for any theft or loss of personal effects that may occur during the event. Only a surveillance of personal effects deposited at the deposit box will be ensured.

Art. 29. VALIDATION OF REGISTRATION. Any competitor acknowledges having read these rules and accepting all clauses or its registration will not to be taken into account.

Please, note that the French rules prevail.